

32nd National Conference of the Indian Association for Social Psychiatry (NCIASP)

Scientific Programme

**Day 1: Friday, 12<sup>th</sup> September 2025**

TIME	HALL
8.00 AM - 9.00 AM	REGISTRATION (ZAKIR HALL PREMISES)
	ADVANCED PEDIATRICS CENTRE AUDITORIUM – HALL A
9.30 AM – 10.30 AM	INAUGURATION
10.30 AM - 11.00 AM	TEA
11:00 AM - 11:30 AM	<i>Presidential Address: Debasish Basu</i> <i>Chair: UC Garg, Varghese P Punnoose</i>
11:30 AM – 1:30 PM	<i>Theme Symposium: Social Determinants of Mental Health</i> <i>Chair: Debasish Basu, Nitin Gupta</i> <i>[1] MK Isaac: The Role of Social Determinants in closing the Gap of Life Expectancy in persons with Mental Ill-Health</i> <i>[2] RA Kallivayallil: Why do we need to study Social Determinants in this biomedical-dominated era?</i> <i>[3] RK Chadda: Incorporating Social Determinants of Mental Health in the Medical Curriculum</i> <i>[4] RS Murthy: Social Determinants of Mental Health: From Evidence to Action</i>
1.30- 2.30 PM	<i>LUNCH (LAWNS OF BHARGAVA AUDITORIUM)</i> <i>BB Sethi Award Session (ZAKIR HALL) &amp; Free e-Poster Sessions</i> <i>1. Swapnajeet Sahoo et al</i> <i>2. Sonam Saxena et al</i> <i>3. Asmita Duggal et al</i>
	LT-1 – HALL B
2:30 – 3:15 PM	<i>Chair: RA Kallivayallil, Mamta Sood</i> <i>NN De Oration</i> <i>Title: Female Sexuality: A neglected social psychiatry paradigm and way forward</i> <i>Speaker: TSS Rao</i>



	<b>LT 1-HALL B</b>	
	<b>BALINT AWARD SESSION</b>	
<b>3:15 – 4:45 PM</b>	<i>Chair: Subho Chakrabarti, Pratap Sharan</i> <i>1. PN Suresh Kumar</i> <i>2. Swati Kedia Gupta</i> <i>3. Mahadev Singh Sen</i> <i>4. Prerna Sharma</i>	
<b>4:45 – 5:30 PM</b>	<b>G C BORAL AWARD SESSION</b> <i>Chair: Vivek Agarwal</i> <i>1. Arif Ali et al</i> <i>2. Rahul Kumar Chakravarty</i> <i>3. Aayushi Sobhani</i>	
	<b>LT 1-HALL B</b>	<b>LT 2 - HALL C</b>
<b>5:30 – 6:30 PM</b>	<b>Symposium 1</b> <i>Title: SMART Mental Health: Primary Care Support in Rural India</i> <i>Chair: Smitha Ramadas, Piyali Mandal</i> <i>Presenters: Pallab Maulik, Mercian Daniel, Rajesh Sagar</i>	<b>Symposium 2</b> <i>Title: Need for a Comprehensive Intervention for Caregivers of Mental Illness</i> <i>Chair: Sonali Jhanjee, Adarsh Kohli</i> <i>Presenters: Devvarta Kumar, Yamini Sharma, Nishanth K N</i>
<b>6:30 – 6:45 PM</b>	<b>TEA</b>	
<b>6.30 -7.45 PM</b>	<b>ANNUAL EC MEETING - LT1</b>	
<b>8.00 PM</b>	<b>DINNER ( LAWNS OF BHARGAVA AUDITORIUM)</b>	



## 32nd National Conference of the Indian Association For Social Psychiatry (NCIASP)

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**Day 2: Saturday, 13<sup>th</sup> September 2025**

TIME	HALL A – APC	HALL B – LT1	HALL C - LT2	HALL D – LT3
8.00 – 9.00 AM			<i>Chair: Rahul Chakravarty, Abhinav Aggarwal</i> <i>Free Papers Session 1 (01-06)</i>	<i>Chair: Mahadev Singh Sen, Kshitiz Sharma</i> <i>Free papers Session 2 (07-12)</i>
9.00 – 10.00 AM	<i>Symposium 3</i> <i>Chair: Priti Arun, Manju Mohanty</i>  <i>Title: ‘Brainwise’ Teaching: Blueprint for Neuro-Literate Classrooms</i> <i>Presenters: Varghese P Punnoose, Smitha Ramadas, Bino Thomas, Aswathi Nair</i>	<i>Symposium 4</i> <i>Chair: Ajeet Sidana, Sagar Lavania</i> <i>Title: Comorbidities in alcohol use disorder: Looking it from the lens of social psychiatry</i> <i>Presenters: Siddharth Sarkar, Aniruddha Basu, Sambhu Prasad, Abhishek Ghosh</i>	<i>Symposium 5</i> <i>Chair: Indira Sharma, K K Mishra, Madhukar Katiyar</i> <i>Title: Ground for Divorce &amp; Mental Illness</i> <i>Presenters: Indira Sharma, KK Mishra, Shruti Srivastava, Mahadev Singh Sen</i>	<i>Symposium 6</i> <i>Chair: Prerna Sharma, Ajay Kumar</i> <i>Title: Mindfulness innovative intervention in mental health care in India</i> <i>Presenters: Gurvinder Pal Singh, Nitasha Sharma, Tanu Kundal</i>
10.00 – 10:45 AM	<i>Chair: P Kulhara, Amresh Shrivastava</i> <i>Plenary Session 1: Swaranpreet Singh Cultural Psychiatry: Where did it all go wrong?</i>			
10:45 – 11.00 AM	<b>TEA BREAK – APC</b>			
11:00 AM – 11:45 PM	<i>Chair: Savita Malhotra, Rajiv Gupta</i> <i>A. Venkoba Rao Oration</i> <i>Title: Mental Health in Post-Pandemic World: A call for Social Psychiatry</i> <i>Speaker: RC Jiloha</i>			



TIME	HALL A – APC	HALL B – LT1	HALL C - LT2	HALL D – LT3
11:45 AM– 12:30 PM	<b>Plenary Session 2:</b> <b>Chair: MK Isaac, Neeraj Gill</b> <b>Speaker: Manoj Kumar</b> <b>Addressing Social Determinants while providing comprehensive mental health care: A Model.</b>			
12:30 PM – 1:30 PM	<b>Chair: A K Kala, GS Kaloiya</b> <b>JK Trivedi Award</b> 1. Anshul Sharma et al 2. Shivam Tyagi et al 3. Raj Laxmi et al <b>Anil Malhotra Award</b> 1. Newfight Seth et al	<b>Symposium 7</b> <b>Chair: Nidhi Chauhan, Swati Kedia Gupta</b> <b>Title: Psychosocial aspects of midlife crisis in working women</b> <b>Presenters:</b> Pranshu Singh, Tanu Gupta, Charul Gupta, Pratibha Gehlawat	<b>Symposium 8</b> <b>Chair: Abhisekh Ghosh, Moushumi Mukherjee</b> <b>Title: Understanding pathways and actions to address social determinants of mental health in community settings</b> <b>Presenters: Ankita Mukherjee, Sudha Kallakuri, Sandhya K. Yatrirajula, Manmeet Kaur Bhatia, Siddhardh Devarapall</b>	<b>Chair: Arif Ali, Sambhu Prasad</b> <b>Free Papers Session 3 (13-18)</b>
1.30 – 2.30 PM	<b>LUNCH</b> <b>AGRA POSTER AWARD &amp; FREE E-POSTER SESSION- ZAKIR HALL</b> 1. Arshia Sood et al 2. Cheshta et al 3. Ifrah Naz et al 4. Ravjot Kaur			
2.30 – 3:30 PM	<b>Symposium 9</b> <b>Chair: Ritu Nehra, Nidhi Malhotra</b> <b>Coercion in the Indian Setting</b> <b>Presenters: Koushik Sinha Deb, Nitin Gupta, Ragul Ganesh, Vijay Krishnan, Pooja Shakya</b>	<b>Chair: Devvrata Kumar, Shikha Tyagi</b>  <b>Workshop 1</b> <b>Focused Group Discussions (FGDs): Methodology and Analysis</b> <b>Presenters: Mamta Sood, Prerna Kukreti, Swarndeep Singh</b>	<b>Chair: Snehil Gupta, Pankaj Kumar</b>  <b>Workshop 2</b> <b>Digital Experiments for Student Self-Assessment in Mental Health Screening: The Mansik Shakti Mental Health Management Program</b> <b>Presenter: Amresh Srivastava</b>	<b>Early Career Innovative Track Symposium 1</b>  <b>Chair: Sunita Sharma, Nitin Raut</b>  <b>Title - Bridging the Gaps in Care, Culture and Legislation: Perinatal Mental Health in Rural India - ‘The Dimensions need to be explored’?</b> <b>Presenters : Yogender Malik, Adwitiya Ray, Ritika Behl</b>

TIME	HALL A – APC	HALL B – LT1	HALL C - LT2	HALL D – LT3
3.30– 4.30 PM	<p><i>Chair: RK Chadda, Rajiv Gupta</i></p> <p><b>DEBATE:</b></p> <p><i>It is justifiable to adopt a reductionistic biological approach for the psychosocial variable of loneliness</i></p> <p><i>FOR: Mahadev Singh Sen</i></p> <p><i>AGAINST: Swapnajeet Sahoo</i></p>	<p><i>Symposium 10</i></p> <p><i>Chair: TB Singh, Chetna Duggal</i></p> <p><i>Title: Social Connectedness, Social Isolation and Loneliness - addressing the third pillar of WHO's 'Health for All' paradigm</i></p> <p><i>Presenters: Pallab K Maulik, Aparna Shankar, Pratap Sharan</i></p>	<p><i>Symposium 11</i></p> <p><i>Chair: Siddarth Sarkar</i></p> <p><i>Title: Reproductive Health and Alcohol Use Among Indian Women: A Social Psychiatric Perspective</i></p> <p><i>Presenters: Shinjini Choudhury, Abhishek Verma, Abhishek Ghosh</i></p>	<p><i>Symposium 12</i></p> <p><i>Chair: Aniruddha Basu, Akhilesh Sharma</i></p> <p><i>Title : Beyond the Individual: Familial Dimensions in Child/Adolescent and Addiction Psychiatry</i></p> <p><i>Presenters : Bino Thomas, Renjith R. Pillai</i></p>
4.30 – 4.45 PM	<b>TEA BREAK – LT COMPLEX</b>			
4.45 – 6.15 PM	<p><b>LT1 : QUIZ for Postgraduate Trainees</b></p> <p><b>Quiz Masters : Rahul Chakravarty, Porimita, Kshitiz Sharma</b></p>			
6.30 PM onwards	<b>ANNUAL GB MEETING – LT1</b>			
8.00 PM onwards	<b>BANQUET DINNER – ADJOINING LAWNS OF BHARGAVA AUDITORIUM, PGIMER</b>			



## 32nd National Conference of the Indian Association For Social Psychiatry (NCIASP)

### Scientific Programme

**Day 3: Sunday, 14<sup>th</sup> September 2025**

TIME	HALL A – APC	HALL B – LT1	HALL C – LT2	HALL D – LT3
8:00-9:00 AM		<i>Early Career Innovative Symposium 2</i> <i>Chair: Renjith Pillai, Devender Rana</i> <i>Title: From Disability to Recovery: A perspective on severe mental illness Rehabilitation</i> <i>Presenters: Surabhi Gupta, Promil Redhu, Arshia Sood</i>	<i>Chair: Swarndeep Singh, Natarajan Varadharajan</i>  <i>Free papers Session 4 (19-25)</i>	<i>Chair: Porimita, Shinjini Choudhury</i>  <i>Free Papers Session 5 (26-31)</i>
9.00 – 10.00 AM	<i>Symposium 13</i> <i>Chair: Swarnpreet Singh, Roy A Kallivayalil</i>  <i>WPA Section on Psychiatry, Law and Ethics Symposium</i>  <i>Speakers : Roy A Kallivayalil, Neeraj Gill, Mohan Isaac, Smitha Ramadas</i>	<i>Symposium 14</i> <i>Chair: Raghav Shah, Koushik Sinha Deb</i> <i>Title : A Thin Line between Help and Harm: A Strategic Guide for Parents on Differentiating Support from enabling in Substance Use Disorder</i> <i>Presenters :</i> <i>Gauri Shanker Kaloiya</i> <i>Jay Singh Yadav</i> <i>Prashant Mishra</i>	<i>Personal Reflections</i>  <i>Chair: RS Murthy, Achal Bhagat</i>  <i>Title: Waterlog</i>  <i>Speaker: Purvai Aranya</i>	<i>Chair: Lalit K Singh, Shipra Singh</i>  <i>Free papers Session 6 (32-37)</i>
10:00 – 10:45 AM	<i>Chair: Ajit Avasthi, Sandeep Grover</i> <i>Plenary Session 3:</i> <i>Dr Chetna Duggal</i> <i>Where the roads meet: Pathways to strengthening community mental health care</i>			
10:45– 11:00 AM	<i>TEA</i>			
11:00 – 11:45AM	<i>Chair: SK Mattoo, Debasish Basu</i> <i>Plenary Session 4:</i> <i>Siddhartha Wig</i>  <i>The idea of home: How physical space shapes our mental health</i>			

<b>TIME</b>	<b>HALL A – APC</b>	<b>HALL B – LT1</b>	<b>HALL C – LT2</b>	<b>HALL D – LT3</b>
<b>11:45-12:45 PM</b>	<p><b>Symposium 15</b></p> <p><i>Chair: Subodh BN, Aseem Mehra</i></p> <p><i>Title - Integrating mental health in maternal care: Indian experience and way forward</i></p> <p><i>Presenters -Rashmita Saha</i> <i>Nisha Prajapati, Anadrika Debbarma</i></p>	<p><b>Symposium 16</b></p> <p><i>Chair: SM Singh, Swapnajeet Sahoo</i></p> <p><i>Title: Minds in Motion: Addressing Diverse Mental Health Needs Through Specialised Clinics</i></p> <p><i>Presenters: Kamlesh Kumar Sahu, Virtu Chongtham, Abhinav Agrawal, Shivangi Mehta</i></p>	<p><b>Early Career Innovative Symposium 3</b></p> <p><i>Chair: S K Padhy, Shalini Naik</i></p> <p><i>Title: Reading as a preventive mental health strategy- Promoting cognitive, social, and emotional development and resilience in children through books</i></p> <p><i>Presenters - Abhishek Verma, Mirza Sarwar Baig, Pranshu Sharma</i></p>	<p><b>Early Career Innovative Symposium 4</b></p> <p><i>Chair: Bino Thomas, Krishan Sony</i></p> <p><i>Title - From Canvas to Clinic: The Evolving Role of Art in Mental Health</i></p> <p><i>Presenters: Anusha Garg, Vipul Janardan, Seshan Kumar,Deepa Gupta</i></p>
<b>12:45 -1:45 pm</b>	<p><b>Early Career Innovative Symposium 5</b></p> <p><i>Chair: Sandeep Kumar Goyal, Karobi Das</i></p> <p><i>Title- Advanced Care Planning in Geriatric Patients with Mental Illnesses: Principles, Practice, and Ethical Dimensions</i></p> <p><i>Presenters - Shipra Singh, Nitin Raut, Sajjadur Rehman</i></p>	<p><b>Early Career Innovative Symposium 6</b></p> <p><i>Chair: Nitasha Sharma, Gurvinder Pal Singh</i></p> <p><i>Title: Breaking the Cycle: Addressing ACEs Through School Mental Health and Psychological Interventions</i></p> <p><i>Presenters : Amrina Bhullar, Chaitanya Vardhan, Sabbu Maharjan</i></p>	<p><b>Early Career Innovative Symposium 7</b></p> <p><i>Chair: Parmod Kumar, Hardeep Singh</i></p> <p><i>Title - Post-intervention process evaluation of Social-Contact-Based Intervention for Stigma Against Opioid Use Disorder (OUD)</i></p> <p><i>Presenters – Anshuman Dixit, Arshia Sood, Abhishek Ghosh</i></p>	<p><i>Chair: Munish Aggarwal, Yogender Malik</i></p> <p><b>Free papers Session 7 (38-43)</b></p>
<b>2:00-2:30 PM</b>	<b>VALEDICTORY FUNCTION – LT1</b>			
<b>2:30-3:15 PM</b>	<b>LUNCH</b>			
<b>3:30 – 6:30 PM</b>	<b>Post Conference Workshop on Psychodynamic Psychotherapy – Nitin Gupta</b>			



### Free Oral Papers Schedule

Presenter	Free Oral Paper Session	Title	Venue and Time
	<b>Session 01</b>		
<b>Dr Chitran Chakraborty</b>	<b>1.</b>	<b>Assessment of psychological burden of the caregivers of patients with cancer: an audit.</b>	<b>HALL C - LT2 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
<b>Dr Gursimrat Singh</b>	<b>2.</b>	<b>Psychiatric morbidity in patients with type – ii diabetes mellitus attending a tertiary care hospital</b>	<b>HALL C - LT2 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
<b>Mr Dhruv Nanda</b>	<b>3.</b>	<b>Caregiver Burden among Caretakers of Patients with Severe Mental Illness (SMI): A Cross-Sectional Study from India</b>	<b>HALL C - LT2 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
<b>Mr SACHIN T S</b>	<b>4.</b>	<b>Understanding the Experiences of Stigma on Caregivers of Persons Living with Schizophrenia</b>	<b>HALL C - LT2 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
<b>Ms Sanskriti Sinha</b>	<b>5.</b>	<b>An Exploration and Analysis of Psychological Distress in Polycystic Ovarian Syndrome</b>	<b>HALL C - LT2 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
<b>Mr Soumyadip Manna</b>	<b>6.</b>	<b>Reducing Mental Health Stigma in India: A Hospital-Based Study Using Motivational Interviewing and the OMICC Scale.</b>	<b>HALL C - LT2 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
	<b>Session 02</b>		
<b>Dr Rehana Amin</b>	<b>7.</b>	<b>Predictors of Substance Abuse among Drivers in Kashmir: A Qualitative Study.</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
<b>Ms Reshma Antony</b>	<b>8.</b>	<b>An exploration of the sexual functioning in women with common mental disorders</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
<b>Mr Rishi Muthu Velkumar</b>	<b>9.</b>	<b>Meteorological Influences on Mental Health: An Intensive Longitudinal Study in Chennai and Chengalpattu</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
<b>Dr Chinar Sharma</b>	<b>10.</b>	<b>Misattributed sexual abuse in psychosis posing ethical dilemma for mental health professionals: A case series</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
<b>Ms Utsavi Prakash</b>	<b>11.</b>	<b>“Hum Apne Ko Leke iss Cheez Ko Leke Ghothte Rahte Hai”: A Qualitative Analysis of Women Researchers’ Experiences within Gender-Based Violence Research</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 8 am -9 am</b>
<b>Dr Harkanwar Kashab</b>	<b>12.</b>	<b>Pathways to Care and the Role of Supernatural Beliefs in Psychotic Disorders</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept</b>



			8 am -9 am
	<b>Session 03</b>		
<b>Prof Dr Anindya Das</b>	<b>13.</b>	<b>Social Determinants of Mental Health</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 12:30 -1:30 PM</b>
<b>Dr VAIBHAV KUMAR KHARE</b>	<b>14.</b>	<b>Understanding Proxy Consultations for Severe Mental Illness: A cross-sectional study at a Tertiary Care Hospital</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 12:30 -1:30 PM</b>
<b>Dr SUSHMA YADAV</b>	<b>15.</b>	<b>Concordance of the caregiver's perception of mood of the adult patients in depression with self-perception by the patients enrolled in a tertiary care hospital in Bhopal district of Madhya Pradesh</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 12:30 -1:30 PM</b>
<b>Dr Kajol Chhabra</b>	<b>16.</b>	<b>"A Cross Sectional Study to Assess the Seasonality in Patients with Depressive Disorder at a Tertiary Care Hospital in North India"</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 12:30 -1:30 PM</b>
<b>Ms Aanchal Narang</b>	<b>17.</b>	<b>Effect of Neurofeedback on Neurocognitive Functions in Schizophrenia: An Open-Label Randomized Control Trial</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 12:30 -1:30 PM</b>
<b>Ms Jaspreet Kaur Mangat</b>	<b>18.</b>	<b>Prevalence of Depression, Anxiety and PTSD among school going adolescents from low, moderate and high crime zones in Delhi-NCR</b>	<b>HALL D-LT3 Day 2 – 13<sup>th</sup> Sept 12:30 -1:30 PM</b>
	<b>Session 04</b>		
<b>Dr REHANA AMIN</b>	<b>19.</b>	<b>Title of the article: Barriers to Paediatric Mental Health Care: A Cross-Sectional Study in a Private Paediatric Practice.</b>	<b>HALL C- LT2 Day 3 – 14<sup>th</sup> Sept 8 am -9 am</b>
<b>Ms Harikrupa Sridhar</b>	<b>20.</b>	<b>Case Series on the Effectiveness of the Unified Protocol Approach for the Treatment of Adolescents with Emotional Disorders in the Indian Context</b>	<b>HALL C- LT2 Day 3 – 14<sup>th</sup> Sept 8 am -9 am</b>
<b>Ms Aastha Khandelwal</b>	<b>21.</b>	<b>Understanding Sociocultural Identities and Mental Health: A Qualitative Study with Adolescents in Urban India</b>	<b>HALL C- LT2 Day 3 – 14<sup>th</sup> Sept 8 am -9 am</b>
<b>Ms ANANYA A K</b>	<b>22.</b>	<b>Exploring Family-Based Interventions In First Episode Psychosis</b>	<b>HALL C- LT2 Day 3 – 14<sup>th</sup> Sept 8 am -9 am</b>
<b>Mr Abhishek Verma</b>	<b>23.</b>	<b>A review of current practices and research gaps in social skills training for children with autism spectrum disorder in India</b>	<b>HALL C- LT2 Day 3 – 14<sup>th</sup> Sept 8 am -9 am</b>
<b>Dr Harmeet Kaur</b>	<b>24.</b>	<b>Managing "Triple A Engine: online sex Addiction" : using Metacognitive Psycho-Spiritual therapy</b>	<b>HALL C- LT2 Day 3 – 14<sup>th</sup> Sept 8 am -9 am</b>
<b>Dr Sonakshi Chhiber</b>	<b>25.</b>	<b>Enhancing safe breastfeeding practices during psychotropic treatment-A pre-post study among Nurses and Residents</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 8 -9 AM</b>

	<b>Session 05</b>		
<b>Ms Monali Ashok Jadhav</b>	<b>26.</b>	<b>Accessing Perinatal Mental Health Care: “An Uphill” Journey for Women Navigating Motherhood in the Mountains of Munsyari</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 8 -9 AM</b>
<b>Ms Vanshika Anand</b>	<b>27.</b>	<b>Knowledge, Attitude and Clinical Preparedness of Healthcare Providers Towards LGBT+ Individuals</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 8 -9 AM</b>
<b>Dr Sonia Shenoy</b>	<b>28.</b>	<b>Decision-making deficits and its correlates in patients with schizophrenia – a cross-sectional comparative study</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 8 -9 AM</b>
<b>Ms Greeshma P S</b>	<b>29.</b>	<b>Exploring Meaningful Engagement in Schizophrenia: A Narrative Review of Interventions Targeting Education, Employment, Household Activities, and Leisure</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 8 -9 AM</b>
<b>Ms Diksha Dugar</b>	<b>30.</b>	<b>Brief Dialectical Behaviour Therapy Group Skills Training for Individuals with Borderline Personality Disorder: a feasibility study</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 8 -9 AM</b>
<b>Ms Himanshi Rangi</b>	<b>31.</b>	<b>Feasibility and Acceptability of Acceptance and Commitment Therapy (ACT) in Young Adults with Obsessive-Compulsive Disorder: A Pre-Post Intervention Study in a Tertiary Care Setting</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 8 -9 AM</b>
	<b>Session 06</b>		
<b>Mr Sumer Soni</b>	<b>32.</b>	<b>Logotherapy for Depression in a Young Adult Male with Complex Trauma: A Meaning-Centered Approach</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 9-10 AM</b>
<b>Mr Geetesh Kumar Singh</b>	<b>33.</b>	<b>Effect of Computer-based Cognitive Remediation Therapy on Neurocognitive Functioning of Patients with Schizophrenia</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 9-10 AM</b>
<b>Dr Amrita Roy</b>	<b>34.</b>	<b>Students with Mental Health Conditions in Higher Education: Challenges, Support, and Accommodation</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 9-10 AM</b>
<b>Dr Varsha Malagi</b>	<b>35.</b>	<b>Reframing Spirit Possession: Cultural Healing and Women’s Psychological Well-being</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 9-10 AM</b>
<b>Dr Rehana Amin</b>	<b>36.</b>	<b>A Qualitative Study on Coping Mechanisms utilized by Women dealing with Subfertility</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 9-10 AM</b>
<b>Dr Mehak Arora</b>	<b>37.</b>	<b>How Social Support, Education, and Cultural Beliefs Influence Mental Health: A Psychological Assessment Using Standardized Inventories</b>	<b>HALL D-LT3 Day 3 – 14<sup>th</sup> Sept 9-10 AM</b>

	Session 07		
Dr Arif Ali	38.	Psychosocial Determinants and Homelessness: Preliminary Findings from a Cross-Sectional Study in Delhi, India	HALL D-LT3 Day 3 – 14 <sup>th</sup> Sept 12:45 -1:45 PM
Mr Mohammed Umar Mansuri	39.	“Walking on the Eggshells”– Experiences of an individual in romantic relationship with partner having mental illness.	HALL D-LT3 Day 3 – 14 <sup>th</sup> Sept 12:45 -1:45 PM
Ms Manashi Ghosh	40.	Purushārtha Chatuṣṭaya and Kāmasūtra: A Thematic Textual Study on Their Relevance to Mental Well-Being and Marriage	HALL D-LT3 Day 3 – 14 <sup>th</sup> Sept 12:45 -1:45 PM
Mr Atharva Deshpande	41.	Quantifying Criminal Potential: Practical Application of Mathematics in Predicting Heinous Crimes	HALL D-LT3 Day 3 – 14 <sup>th</sup> Sept 12:45 -1:45 PM
Ms Aashruti Pathania	42.	Cancer Distress is Higher among Women in India	HALL D-LT3 Day 3 – 14 <sup>th</sup> Sept 12:45 -1:45 PM
Ms Diksha Sachdeva	43.	Effectiveness of mindfulness-based cognitive therapy on depression and quality of life	HALL D-LT3 Day 3 – 14 <sup>th</sup> Sept 12:45 -1:45 PM



## Free ePoster Schedule

Poster no	Presenter	Title	Free eposter session Zakir Hall
1.	Mr Khuplianmang Thangsing	Post-Traumatic Growth Among Internally Displaced Persons in Manipur: Examining the Roles of Social Support and Attitudes to Grief	Day 1 – Lunch Session
2.	Dr Nidhi Chauhan	Contextualizing NSSI: Risk Factors in the Indian Landscape – A Systematic Review	Day 1 – Lunch Session
3.	Dr Mahadev Singh Sen	Understanding the Spectrum of High-Risk Behaviour Amongst Adolescents	Day 1 – Lunch Session
4.	Dr Gurleen Singh	Social Determinants and Psychiatric Emergencies: Unravelling the Links Between Demographics and Mental Health	Day 1 – Lunch Session
5.	Dr Ajay Kumar	National Survey on psychotherapy training during psychiatry residency in Indian: A Reflection	Day 1 – Lunch Session
6.	Dr Aashray Gupta	Beyond the MRI: Managing Chronic Lumbar Pain with Mixed Organic and Functional Etiologies	Day 1 – Lunch Session
7.	Ms Dimpay Malik	Cultural adjustment and its impact on the psycho- social wellbeing of indian student youth migrants in Melbourne, Australia	Day 1 – Lunch Session
8.	Ms Tejaswinee Mishra	Barriers to Yoga as an Add-On Treatment for Common Mental Health Disorders in India	Day 1 – Lunch Session
9.	Dr Ganya Behl	Double trouble: Management of an adolescent with polysubstance dependence and schizophrenia: A Case Report	Day 1 – Lunch Session
10.	Ms Priya Singh	Problematic internet use and it's correlations with psychopathology in Indian Esports players	Day 1 – Lunch Session
11.	Dr Sidharth Arya	Help seeking for perceived mental health problems in medical students: Comparison of pre and post Covid-19 scenario	Day 1 – Lunch Session
12.	Ms Gayatri Khanal	Examining barriers to access mental health services among patients with mental health issues in SAARC nations: A systematic review and meta-synthesis of qualitative studies	Day 1 – Lunch Session
13.	Dr IFRAH NAZ	Genetic Vulnerability and Social Determinants in Opioid Dependence: A Case-Control Study from North India	Day2 – Lunch Session
14.	Dr Samiksha Agarwal	The Untold struggles for 35 years with Untreated OCD: A Case Report	Day2 – Lunch Session
15.	Dr Sunny Ambavat	Culture And Care Seeking: Cultural Detours in Psychiatric Help-Seeking Behaviors	Day2 – Lunch Session
16.	Ms Dharshini R	Comparative Study on Gender Differences in Anxiety and Avoidance attachment among Young Adults	Day2 – Lunch Session
17.	Ms R B R Yashini	Examining the relationship between perceived social support and self-stigma in seeking psychological help	Day2 – Lunch Session
18.	Ms Vishaka Jangid.M	Exploring the Link Between Negative Appearance Evaluation and Emotional Suppression: A Correlational Study	Day2 – Lunch Session
19.	Dr Priyanshu Yadav	The Voice of God or the Mind? Religious Delusions and Family Ambivalence in Schizophrenia:a case study	Day2 – Lunch Session
20.	Dr Aazam Singh Jauhal	To Study the Impulsivity and Aggression in Correlation to Adverse Childhood Experiences in Alcohol Dependence	Day2 – Lunch Session
21.	Dr Shivakumar Rayanad	To Study the Correlation Between Stigma in Patients with Mental Illness and their Caregivers	Day2 – Lunch Session
22.	Dr Yogender Malik	A randomized controlled trial to study the effectiveness of adds on Mindfulness based psychotherapy and supportive mobile text message based intervention in adolescent patients with deliberate self-harm receiving treatment as usual.	Day2 – Lunch Session
23.	Dr Ajay Kumar	Beyond Mood: Emerging Behavioural Variant Frontotemporal Dementia in a Late-Life Bipolar Disorder Case	Day2 – Lunch Session
24.	Dr Dhruv Sojitra	Management challenges in complex presentation of Treatment resistant schizophrenia with OCD- A case report	Day2 – Lunch Session
25.	Ms Legasri Raja	A correlational study on the relationship between social anxiety and self-esteem among college students	Day2 – Lunch Session
26.	Ms Shoba Yadav	Exploring Internet Usage and Socio-Demographic Influences Among Rural Adolescents of Uttar Pradesh	Day2 – Lunch Session

